

# INTEGRATED JUNIOR MUAY THAI

ACCREDITED COACHES: AMIT SINGH & NARELLE LEAHEY



INTEGRATED MARTIAL ARTS WELLBEING CENTRE

✦ TUESDAY'S & FRIDAY'S FROM 4PM ✦

(87 Islander Rd ~ Phoenix Court, Pialba) \* Parking is street side



- ☯ A DISCIPLINE-BASED MUAY-THAI SYSTEM WITH COACH AMIT & NARELLE ☯
- ☯ BE PART OF HEROES AGAINST BULLYING ☯ SAY NO TO DV AND DRUGS ☯
- ☯ SAY NO TO STREET VIOLENCE ☯ SPEAK OUT ABOUT DEPRESSION ☯